

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Oct

FEED YOUR CREATIVITY



Announcements:

Offer vs. Serve

Items offered daily:
 PBJ or Grilled Cheese Sandwich
 Milk – 1% unflavored, or fat free flavored or unflavored.
 Seasonal fresh fruit

Both Lunch and Breakfast is FREE to all Lindale ISD Students!

1

Hamburger on a Bun
 Crispy Chicken Sandwich
 Smiley Fries
 Baked Beans
Farm Fresh Friday Fruit
 Strawberries Yummy

4

Hot Dog w/ Goldfish
 Spicy Chicken on Bun
 Cucumber Slices w/Dip
 Sweet Tater Puff
 Applesauce Cup

5

Cheese Pizza
 Chef Salad w/Bread Stick
 Cheesy Broccoli
 Marinara Sauce
 Giggle Grapes

6

Chicken Drumstick w/Roll
 PBJ or GCS
 Green Beans
 Mashed Potatoes w/wo
 Gravy
 Peach Cup

7

Crispitos w/Cheese Sauce
 Cup
 Pepperoni Pizza
 Side Salad
 Pinto Beans
 Strawberry Fruit Cup

8

Hamburger on a Bun
 Steak Sandwich
 Emojis Fries
 Baked Beans
Farm Fresh Friday Fruit
 Watermelon

11

BBQ Rib on Bun
 Popcorn Chicken Bites w
 Texas Toast
 Sweet Tater Fries
 Mini Carrots
 Flavored Applesauce Cup

12

Pepperoni Pizza
 Meatball Sub
 Broccoli Bites
 Marinara Sauce
 Peach Fruit Cup

13

Chicken Nuggets w/Bread
 Stick --- PBJ or GCS
 Green Beans
 Mashed Potatoes w/wo
 Gravy
 Strawberry Fruit Cup

14

Orange Chicken w/Rice
 Pepperoni Pizza
 Sweet Con
 Spring Blend Vegetables
 Marinara Sauce
 Apple Slices

15

Hamburger or Corndog
 Potato Smiles
 Baked Beans
Farm Fresh Friday Fruit
 Cantaloupe Bites

National School Lunch Week

18

Homemade Grilled
 Cheese Sandwich Day
 Corn Dog
 Cucumber Slices w/Dip
 Sweet Tater Puff
 Applesauce Cup

19

Personal Pan Pizza
 Chef Salad w/Bread Sticks
 Cheesy Broccoli
 Marinara Sauce
 Giggle Grapes

20

Chicken Bites w/Roll
 PBJ or GCS
 Green Beans
 Mashed Potatoes w/wo
 Gravy
 Peach Cup

21

Pizza Day
 Broccoli Bites
 Mini Carrot
 Marinara Sauce
 Strawberry Fruit Cup
Early Release Day

22

No School
 Student
 Holiday

25

Beef & Cheese Rotel Dip
 w/ Chips
 Corn Dog
 Sweet Tater Fries
 Mini Carrots
 Flavored Applesauce Cup

26

Personal Pan Pizza
 Chef Salad w/ Bread Stick
 Broccoli Bites
 Marinara Sauce
 Peach Fruit Cup

27

Steak Finger w/Roll
 PBJ or GCS
 Green Beans
 Mashed Potatoes w/wo
 Gravy
 Strawberry Fruit Cup

28

Orange Chicken w/Rice
 Pepperoni Pizza
 Sweet Con
 Spring Blend Vegetables
 Marinara Sauce
 Apple Slices

29

Chicken on a Bun
 Spicy Chicken on a Bun
 Smiley Fries
 Baked Beans
Farm Fresh Friday Fruit
 Strawberries Yummy



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COMMISSIONER SID MILLER

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Food and Nutrition Division
 Nutrition Assistance Programs



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 www.SquareMeals.org