

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# Oct

FEED YOUR CREATIVITY



## Announcements:

### Serve Only

Milk – 1% unflavored, or fat free flavored or unflavored.

**Both Lunch and Breakfast is FREE to all Lindale ISD Students!**

				Crispy Chicken Sandwich <sup>1</sup> Smiley Fries Baked Beans <b>Farm Fresh Friday Fruit</b> Strawberries Yummy
Hot Dog w/ Goldfish <sup>4</sup> Cucumber Slices w/Dip Sweet Tater Puff Applesauce Cup	Cheese Pizza <sup>5</sup> Cheesy Broccoli Mini Baby Carrots w/Dip Giggle Grapes	Chicken Drumstick w/Roll <sup>6</sup> Green Beans Mashed Potatoes Peach Cup	Crispos w/Cheese Sauce <sup>7</sup> Cup Grape Tomatoes Cup Pinto Beans Fruit Cocktail	Hamburger on a Bun <sup>8</sup> Emojis Fries Baked Beans <b>Farm Fresh Friday Fruit</b> Watermelon Wedge
BBQ Rib on Bun <sup>11</sup> Sweet Tater Fries Mini Baby Carrots Flavored Applesauce Cup	Pepperoni Pizza <sup>12</sup> Broccoli Bites Marinara Sauce Fruit Cup	Chicken Nuggets w/Bread <sup>13</sup> Green Beans Mashed Potatoes Mini Carrots Strawberry Fruit Cup	Taco Snack <sup>14</sup> Carrot Coins Sweet Corn Apple Slices	Corn Dog <sup>15</sup> Potato Smiles Baked Beans <b>Farm Fresh Friday Fruit</b> Cantaloupe Bites
National School Lunch Week				
Homemade Grilled <sup>18</sup> Cheese Sandwich Day Cucumber Slices w/Dip Sweet Tater Puff Applesauce Cup	Personal Pan Pizza <sup>19</sup> Cheesy Broccoli Mini Baby Carrots w/Dip Giggle Grapes	Chicken Bites w/Roll <sup>20</sup> Green Beans Mashed Potatoes Peach Cup	Pizza Day <sup>21</sup> Broccoli Bites Marinara Sauce Strawberry Fruit Cup <b>Early Release Day</b>	No School <sup>22</sup> Student Holiday
Mini Corn Dogs <sup>25</sup> Sweet Tater Fries Mini Baby Carrots Flavored Applesauce Cup	Cheese Pizza <sup>26</sup> Broccoli Bites Marinara Sauce Mandarin Oranges	Steak Finger w/Roll <sup>27</sup> Green Beans Mashed Potatoes Strawberry Fruit Cup	Taco Snack <sup>28</sup> Grape Tomatoes Cup Sweet Corn Apple Slices	Crispy Chicken Sandwich <sup>29</sup> Smiley Fries Baked Beans <b>Farm Fresh Friday Fruit</b> Strawberries Yummy



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
 Nutrition Assistance Programs



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 www.SquareMeals.org